



Lloyd Business School, Greater Noida

“KARTAVAYAM”- A visit to “AANGAN – Old Age Home” for PGDM

Event Report

Event Name: KARTAVAYAM”- A visit to “AANGAN – Old Age Home”	Event Date: 16 th Oct, 2022
Faculty Coordinator: Dr. Ruchi Garg	Event Timings: 09:00 AM - 11:00AM
Number of Participants: 20	Venue: “Aangan” Elderly Home, Sector 110, Noida
Guest: NA	MOC: NA

Expected Outcome

This activity aims to impart a sense of caring, love and gratitude towards the elderly citizens who live in old age homes.

Detailed Report:

“Kartavayam” – “Laughter is timeless, Imagination has no age, and dreams are forever.” To contribute our love and care, the CSR Club of Lloyd Group of Institutions volunteers visited “Aangan – Old Age Home” to meet and greet elderly people on 16th October 2022. The members of the CSR club volunteer selflessly under the guidance of faculty in charge, Dr Ruchi Garg, to seek blessings from elderly people.

The activities started by knowing them followed by greeting them with cards, singing together, a little bit of dancing, and ending it with a cheerful cake cutting. The volunteers experienced how much happy and enthusiastic they were when they saw the team. Moral - we should never give up when hoping for something to happen even if the chances are zero. One of the elderly men told us there that “you should always take care of all the senior citizens and be kind & supportive towards them”.

So this is how student volunteers learned from these happy souls how to stay young at heart.

Learning Outcomes:

1. Laughter and joy have no age limit, and everyone appreciates kind gestures regardless of age.
2. Time spent with senior citizens can be invaluable; we can learn much from their experiences.
3. Showing kindness and support towards senior citizens who often feel lonely and neglected is crucial.
4. It is essential to take care of our elderly physically, emotionally, and mentally.
5. Small acts of kindness can make a big difference in someone's life, and we should never underestimate their impact.
6. As a society, we must create more opportunities for seniors to interact with the younger generation and foster inter-generational relationships.
7. We should strive to break down the stereotypes and prejudices surrounding aging and treat senior citizens with the respect and dignity they deserve.
8. Volunteering and giving back to the community can be a fulfilling experience and a way to impact people's lives positively.

Report Prepared By

(Dr. Ruchi Garg)

