



Lloyd Business School

Ladder Of Success

Sports Day

Event Report

Event Name Sports Day	Event Date: 29 December 2022
Faculty Coordinators: Dr. Imad Ali	Event Timings: 01:00 PM – 05:30 PM
Number of Participants: 50	Venue: Lloyd Business School
Guest Speakers: NA	MOC: Offline

Expected Outcome

1. To help students to learn about team building and teamwork in the field.
2. To create awareness of the importance of sports, fitness and health.

Detailed Report:

Physical Education is an integral part of the total education system. It helps in the attainment of the ultimate aim of education i.e. the achievement of holistic development. Games and Sports play a vital role in the student's life. A student should study hard to be successful in competitive examinations. But, he should also play games and sports to enjoy the health and balance of life. Along with learning, a student should also spend time on games and sports. Either studying or working alone makes us exhausted. We remain not exhausted to do any work. Sports remove our mental exhaustion. Education without sports is incomplete. The Department of Physical Education and Sports, a cornerstone of our academic structure, marks itself as one of the most efficacious departments of Lloyd Business School. It strives to excel at levels and bring laurels to the college.

The following events have been organized for the inter-class sports tournaments for students:

- CRICKET
- BADMINTON

Learning Outcomes:

1. It ultimately helps students improve their time-management skills in different fields of life.
2. It is a great time for students to practice supporting each other through both successes and failures.

Report Prepared By

(Dr. Imad Ali)